



Early Birth Association Newsletter

Autumn 2016

There are lots of exciting things to tell you about from the past 6 months but we always start – and rightly so - with thanking everyone who has raised funds for &/or donated to the EBA. You ARE the EBA.

Particular thanks (in no particular order!) to all our wonderfully determined runners, Marathons or other ... Jenni Westby for her amazing £700 from her sponsored aerobics class ... Sainsbury's (New England Road, Brighton) for choosing us as their Charity of the Year – we are so chuffed ... Shoreham Conservative Club who are also raising money for us this year...

... & Tilly's beautiful sunflowers, who made an astonishing £1,300 – well done Amber & Jemma x



THANK YOU to everybody who we have not mentioned – you know who you are.

This invaluable, continued support means we can continue to do what matters – support the units – sometimes we suggest funding ideas but

often the nurses & consultants make suggestions to us! This is what we have been involved in lately

- Continuing to support the staff counselling programme.
- Making 'budgie covers' for the incubators & blankets for the babies.
- Keeping the kitchens stocked with basic necessities such as biscuits, soup & cereal.
- Supplying teddy bears to be sold at both units.
- Buying new baby nests, muslins, breastfeeding capes, kitchen breadbin.
- Supplying toiletry packs for those mums who are admitted/require to stay at very short notice and the food/drink transport bags for the journey when parents/babies are transported from one hospital to another.
- New sofas for the TMBU parents area.

AGM

We held our AGM on June 15th this year, in the TMBU. Around £114,000 has been raised and donated over the past year. Along with the previously mentioned items, some of this money has been earmarked to help support the internal rebuild of the TMBU ... including making the nurseries bigger to provide care for more babies and building a quiet room for parents.

As we say time & again, YOUR fundraising has a HUGE impact.

Push For Prems

This wonderful event took place again for the 7th time on Sunday 17th July. And it didn't rain this year – hurrah! This sponsored walk is organised by Catherine Demir and her team.

Taking part in Push for Prems really is a fantastic and positive way of showing your appreciation for all those who worked so hard to look after our children, whilst also raising awareness to help other families. The walk is from The Royal Sussex County Hospital to Hove Lagoon (about 4 miles). A good pit stop is for donuts on the pier! But at the end everyone sits down for a picnic and balloons are released in memory of the babies who are no longer with us. This year the funds raised are being split between Ronald Macdonald House and the Trevor Mann Baby Unit.

Have a look at their [JustGiving](#) page for up-to-date information.

info@earlybirth.co.uk

We are aware that quite a few of you are not receiving our emails. Could you help us by putting our email address into your address book so that you will receive them in the future? We do not send many emails but when we do they are important. Thank you.

Christmas Party & Raffle

Please come along again to The Ralli Hall, Denmark Villas, Hove on Sunday 4th December 2pm - 4.30pm for our annual Christmas Party. There will be party nibbles & drinks, music, an entertainer and of course a special visit from the big man himself – Ho! Ho! Ho! (All children 10 years and under will receive a gift). If your child is over 10 yrs and you would still like them to receive a gift please hand one into reception when you arrive, clearly putting the child's first and surname on the present.

There'll be the raffle too of course, if you would like to donate a raffle prize please email info@earlybirth.co.uk. Please sell as many tickets as you possibly can! If you require more raffle tickets please email info@earlybirth.co.uk. Please note the details in this newsletter so that you know where to send the Christmas party form to. If you are coming to the party you can bring your raffle ticket stubs and monies along with you. If you are NOT coming to the party, please return your stubs (along with any unsold tickets) and funds to: EBA c/o 52 Fairway Crescent, Portslade, East Sussex BN41 2FL, by the 25th November please – any cheques to be made payable to The Early Birth Association. No cash please and ensure the postage is correct, thank you.

The party RSVP slip for tickets is attached. Still only £5 per person (under 2s are free). Same post details and deadline apply as for the raffle tickets.

Brighton Marathon and Half Marathon

Heidi is organising these again for 2017! We have just 5 places left for the Half Marathon – so if you would like one, please get in quick! (heidi@earlybirth.co.uk) The EBA pay the registration fee & provide you with a running vest – in return you need to raise a minimum of £250 in sponsorship.

Jemma's husband Andy is running in both the Brighton AND London marathons for us this year!!

Not only do the marathons raise lots of money for the EBA, they also importantly raise our profile.

AND FINALLY ...

We say a fond farewell to Sue Robinson & Helen Wright who have both given so much of their time to help run the EBA.

We are always hoping for new people to join us ...

Officers of the Committee

<i>Chairperson</i>	Elaine Rowe (Trustee)
<i>Vice-Chairperson</i>	Heidi Crawford
<i>Treasurer</i>	Wayne Lawrence (Trustee)
<i>Secretary</i>	Laura Scott

Committee Members

Margaret Hatley (Trustee)	Andy Salvage
Melanie Edgar	Lisa Burlton
Michelle Miles	Lee Burlton
Jemma Roberts	Sarah Parry
TMBU Representatives	PRH Representatives
Dr Ryan Watkins	Dawn Fish / Kelly Howes
Julie Nalletamby – on sabbatical	